

## MAINTENANCE ONGOING PROTOCOL

### Perennial (All Year Round) Immunotherapy Injections using

#### **ALXOID GLUTERALDEHYDE TREATED (ALK) ALLERGEN REAGENTS.**

Patient does NOT stop injections at the beginning of Spring, but rather continues ALL Year  
 The Gaps in the Table are intentional and are to allow the doctor to adjust the dose if necessary.  
**Peak Flows** only need to be done when the patient has ASTHMA or if side effects occur.  
 Give injections as deep subcutaneous, mid way between the elbow and shoulder, over the triceps area (not deltoid). You are best to use a diabetic/insulin syringe with no dead space.  
 If it is uncomfortable for the patient, higher volume doses can be split into half into each arm.  
 An antihistamine can be given after or before the injection to minimise local swelling and discomfort.  
 The patient must wait 30 minutes after each injection for safety reasons.  
 Planned duration of therapy is 3-5 years if effective.

**PATIENT NAME**

**EXTRACT**

**FILE NUMBER**

**COMMENCEMENT**

**PRECAUTIONS**

**PREDICTED PF**

**80 % PREDICTED**

**PF**

Bottle	Stock	Week	Date	Planned Dose (ml)	Actual Dose(ml)	PF before	PF after	Comment/ signature
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**NB: one reduces the dose when starting new bottle due to potential batch variation in potency**

<b>B-</b>	10,000 TU/ ml							
<b>MONTHLY</b>								
	Monthly			0.40 ml				
****	<b>Monthly</b>			<b>0.50 ml</b>				
	Monthly			0.50 ml				
	Monthly			0.50 ml				
	Monthly			0.50 ml				

**ORDER MORE ALLERGEN NOW AS IT TAKES 2-3 months to arrive, so you will be half way**

**through the next bottle by the time it does. Otherwise you risk running out and having to start all over again**

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<b>MONTHLY</b>								
	Monthly			0.40 ml				
	<b>Monthly</b>			<b>0.50 ml</b>				
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